



# OCCUPATIONAL THERAPY METHODS TO CHILDREN WITH DEVELOPMENTAL DISORDERS

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**Research field:** M 001 Medicine

**Research purpose.** The aim is to present occupational therapy methods to children with developmental disorders.

**Keywords:** developmental disorders, occupational therapy

**Research Methodology.** Analysis of scientific literature.

## **Results / Findings.**

1. Developmental disorders are impairments in a child's physical, cognitive, language, or behavioral development.
2. Intellectual and developmental disability (previously referred to as "mental retardation") is defined by significant limitations in intellectual function and adaptive behavior as expressed through perceptual, social and practical adaptive skills. They may be caused by pre-term birth, genetic disease, brain injury, viral infection etc.
3. Occupational therapy methods develop and facilitate skills including activities directed to the person's care of his / her bodily needs (ADL) such as personal hygiene, eating, dressing, improve hand coordination, dexterity

**Originality / Practical implications.** According to the law of Education of the Republic of Lithuania in 2024 requirements of inclusive education will come in to force. Due to that educators, parents need practical support how to help children with developmental disorders.